

2026-2027 Ballet Academy Class Schedule Sept 8 to June 5						Schedule below*
Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	
5:00-6:15	5:45-6:45	5:30-6:15	5:30-6:45	9:30-11	10:30-11:30	
Ballet IV Ages 9 & up Ms. Alison	Ballet I Ages 5-8 Ms. Alison	PreBallet Ages 3-4 Ms. Rachel	Ballet IV/V Prep/Pointe 10+ Ms. Alison	Inter/Adv Pointe Ms. Alison	Tap/Jazz 1	
6:15-7:15	6:30-7:30	6:15-7:00	6:15-7:15	6:15-7:15	11-12:15	11:30-12:30
Ballet III Ages 7-10 Ms. Alison	Beg Contemp Pink room Ms. Alex	Creative Movement ages 3-5 Pink room Ms. Catherine	Ballet III Ages 8-14 Ms. Rachel	Ballet II Ages 6-8 Pink room Ms. Catherine	Pointe/Prep Ballet IV/V (10 & up) Ms. Alison	Tap/Jazz 2 Ms. Allie
7:15-8:30	7:00-8:15	7:15-8:30	7:15-8:45	12:15-1:15	12:30-1:45	
Elem II Pointe/ Pointe Prep Ms. Alison	Elem I/ II Pointe/Prep Ms. Catherine	Adult Basics Ms. Rachel	Elem I/II Pointe/Prep Ms. Alison	Ballet II/III (7 & up) Ms. Alison	Intermediate Contemporary Ms. Alex	
8:30-9:15	8:15-9:00	Recommendations Ballet II – 2 classes/wk Ballet III & up-3 classes/wk Pointe – 3 classes/wk		1:15-2:15	1:45-3:00	
Sr. Repertory	Jr. Rep			Ballet I/II (5-8 years)	Advanced Contemporary Ms. Alex	

2026-2027 Academic Term Tuition	
Tuition may be paid by check, Zelle or cash	
1) Advance Full Payment: Pay in full by 8/1 and take a 10% discount off the total	
2) Half Payments: Pay ½ by 8/1, take a 5% discount. Pay the balance by 1/1, take 5% discount	
3) Payment Plan: Initial Pay (1 st and last month/Sep. & June) then 8 Monthly Payments October through May, due the 1 st of each month	

Ballet Classes	2026-2027 Total	Due 8/1: Full Pay 10% discount	Due 8/1, 1/1: 1/2 pay, 5%	Initial pay Sept & June	8 payments Oct.-May
PreBallet, CM	\$551	\$496	\$262	\$110.20	\$55.10
1 class/week	\$684	\$616	\$325	\$136.80	\$68.40
2 classes/week	\$1,273	\$1,146	\$605	\$254.60	\$127.30
3 classes/week	\$1,767	\$1,590	\$839	\$353.40	\$176.70
4 classes/week	\$1,976	\$1,778	\$939	\$395.20	\$197.60
5 classes/week	\$2,185	\$1,967	\$1,038	\$437.00	\$218.50

Repertory - \$500: annual class & field trip fee (not subject to discount)
Family discount 5% on full tuition (payment by cash, check or Zelle)

Sunday Jazz/Tap with Allie 25 Class Series, Tuition			
Contemporary with Alex (Sunday or Monday) 25 Class Series, Tuition			
**Contemporary Dancers must take 1 Ballet Technique/week, per instructor			
Classes/add-ons	Total Tuition	Full Pay @ 10% discount by 8/1	7 monthly payments Sept-March
Taking only Jazz/Tap	\$450.00	\$405.00	\$64.29
Taking 1 class + 1 Sunday, add-on	\$437.50	\$393.75	\$62.50
Taking 2 classes + 1 Sunday, add-on	\$412.50	\$371.25	\$58.93
Taking 3 classes + 1 Sunday, add-on	\$387.50	\$348.75	\$55.36
Taking 4 classes + 1 Sunday, add-on	\$362.50	\$326.25	\$51.79
Taking 5 classes + 1 Sunday, add-on	\$337.50	\$303.75	\$48.21

Tentative Sunday Series Dates (set by 8.15) ~ 25 classes offered
 Sept. 13, 20, 27; Oct. 4, 11, 25; Nov. 1, 8, 15, 22; Dec. 6, 13; Jan. 10, 24, 31; Feb. 7, 14, 21; Mar. 7, 14, 21; Apr. 4, 11, 18, 25; May 3
Tentative Monday *Contemporary Dates
 Sept. 14, 21, 28; Oct. 5, 18, 25; Nov. 2, 9, 16, 23; Dec. 7, 14; Jan 11, 25, Feb 1, 8; March 8, 15, 22, 29, April 5, 12, 19, 26, May

2026-2027 Academic Calendar	
We do not close for most Federal Holidays or the school system closings. Please check our schedule/ email for inclement closings Dancers may make-up missed classes during the term, but you must check space availability.	
Aug 1	Full-Pay with 10% discount due; Half-Pay with 5% discount
Sep 8	1st Day of Class, Initial Payment due (Monthly Plan)
Oct 1	Monthly Payment Due
Nov 1	Monthly Payment Due
Nov 25-29	No Class, Thanksgiving Break
Dec 1	Monthly Payment Due
Dec 20 - Jan 3	No Class, Winter Break
Jan 1	Monthly Payment Due, Half-Pay with 5% discount
Jan 4	Studio Re-Opens. Balance due for Half-Pay Plan w/ 5% discount
Jan 10	Spring Performance Meet at the Studio – 4:30-6:00 pm
Feb 1	Monthly Payment Due
Mar 1	Monthly Payment Due
Apr 1	Monthly Payment Due
May 1	Tuition Balance Due
May TBA	Studio Closed - End of Year Recital at MC Cultural Arts Center
May 22-24	No Class, Memorial Day Weekend
Jun 5	Last Day of Class, Academic Year

Ballet Academy 301-908-4079 www.balletacademy.net

About the Ballet Academy

The Ballet Academy opened in 1981 under the direction of Alison Miller. The Academy teaches the foundations of Classical Ballet based on the Royal Academy and Vaganova syllabi with emphasis on placement, technique and musicality. Classes in Repertory/Variations, and Stretch and Tone are also offered. The Ballet Academy is the resident company of The Performing Arts Repertory Company (performingarc.org). Level determination is based on prior training, age, and level of muscular development and coordination. Exceptions may be made at the Director/Instructor's discretion.

Ballet Youth Division: Pre-Ballet through Ballet V, Youth Jazz. The Pre-ballet is for children ages 3 to 4. Ballet I is for students 5 to 7 years of age. Ballet II to Ballet V often corresponds with the students' school level. Teens without prior ballet experience may join at the Ballet IV/V level, or Adult Basics

Ballet Adult & Teens: Elementary I and II, Intermediate and Advanced are for students 12 and older. Adults and Teens may join any of the classes from Adult Basics to Intermediate/Advanced based on their training goals and experience. Teens without prior ballet experience may join at the Ballet IV/V level, or Adult Basics.

Jazz & Tap: For dancers 8 and older. Both genres are taught each week. Dancers will work on technique - rhythm, coordination, isolations, balance, and performance quality and will be preparing dances for the spring show. Tap shoes for tap. Jazz shoes or ballet slippers for jazz. Dancers will explore connections among components through fun, challenging choreography and are offered the opportunity to perform at outreaches and theater productions.

Contemporary: Dancers focus on technique (pulling from Modern, Ballet, Jazz), core strength, tricks and expression. Dancers are required to take at least 1 ballet class along with Contemporary Dance.

Dancers will be preparing a dance for outreach performances and the spring show.

**Limited spaces available - first come first serve. Barefoot, socks, or dance shoes or foot undies*
Check class schedule, it does not follow the Ballet Calendar

Jazz and Tap - class will introduce and build on jazz fundamentals, introduce different styles. Dancers will learn jazz choreography, jumps and turns and are also offered the opportunity to perform. For dancers 8 and older. Both genres are taught each week. Dancers will work on technique - rhythm, coordination, isolations, balance, and performance quality and will be preparing dances for the spring show. Tap shoes for tap. Jazz shoes or ballet slippers for jazz. Check class schedule, it does not follow the Ballet Calendar

PBT & Stretch - class is for anyone, with or without dance training, who is interested in improving range of motion, core strength and upper body strength. The class is a combination of myofascial stretching, dynamic stretching, and Progressing Ballet Technique.

- PBT developed by Marie Walton-Mahon, focuses on the following key principles:
- **Proprioception and Muscle Memory:**
- **Equipment Use:** The program utilizes tools like exercise balls (fit balls), fusion balls, and resistance bands to provide a tangible, tactile feeling of the body's center and axis.
- **Injury Prevention:** By reinforcing safe dance methodologies and building deep core strength, PBT helps dancers avoid compensatory movement patterns and supports injury rehabilitation

Proper Attire is a tool to create a better dancer

All dancers should have hair secured from face for all classes, in a bun if possible. This allows instructor and dancer to see the line created by the shoulder, neck, arms and back, and to focus on technique without hair distraction.

Female Ballet Dancers: any color leotard, ballet pink or flesh tone tights, skirts are permitted. Hair in a bun,

Youth Division Dancers: Please attach ribbons to secure your shoes and remove the elastic, wear hair in a bun, if possible, and bring wear a waist band.

Male Dancers: Ballet Dancers: white t-shirt, black tights or jazz pants, ballet slippers.

Jazz/Tap Class: T-shirt or form fitting shirt, tight/pants/jazz pants black shoes preferred, hair secured from face.

It is respectful to instructors, as it demonstrates that students care about the class they are in, and that they are focused and ready to work. It allows instructors to see if the body is being held in proper anatomical alignment, if the right muscles are being engaged, and to give more precise, beneficial and more meaningful corrections. In turn, the dancer can see the adjustments as they make them, dance stronger, healthier and prevent repetitive injuries caused by incorrect placement

Policy

1. It is the responsibility of the student to make up class(es) within the term. Classes may be made up in advance.
2. Students are expected to be prompt to class and properly attired.
3. Tuition is non-refundable. Classes are non-transferable.
4. Monthly payment Plan: **Students are obligated for the full term.**
5. Year-round registration is accepted, space permitting. Students may be admitted to or change classes during the semester with Director/Instructor approval only.

Ballet Academy

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